



The Phoenix

Newsletter for the Barony of the Sacred Stone
Kingdom of Atlantia

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Statement of Ownership

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Baronial Webpage Address: [//sacredstone.atlantia.sca.org/](http://sacredstone.atlantia.sca.org/)

New E-List for Sacred Stone: Sacredstone@googlegroups.com. Please go to the Baronial website and the link to join the e-list is under "About Us". All official information regarding the upcoming pollings and information about the Barony and Kingdom will be posted there.

Cover Art:

In This Edition . . .

- 2 Statement of Ownership
- 3 Letter from their Excellencies
- 4 Canton Of Middlegate Report
- 4 Sacred Stone Cooks Guild Report
- 4 Return to Crecy Report
- 5-8 Sacred Stone Baronial Business Meeting Minutes
- 9-11 History of the Lands of Sacred Stone and Windmasters' Hill, Part 2: How the Kitty Got Her Wings
A history of War of the Wings by THLord Johnthan Blackbow
- 12-22 The Medieval Almanc, Life on the Farm by Meisterin Freiherrin Gisela vom Kreuzbach OP
- 23 Weekly Gatherings Around the Barony
- 24 Canton Seneschals
- 25 Baronial Regnum
- 26 Baronial Champions and Principals
- 27 Financial Report: Dedicated Fund List



Greeting to all our beloved populace,

One month into the year is it has already been a rollercoaster. There have been some wonderful highs and some serious lows. We hope that the upcoming months provide a somewhat smoother ride.

On the high side, there were lovely events such as 12th Night and Nottingham Coill's Birthday, where gentles that have close friends and ties to Sacred Stone were recognized for their worthy deeds by the Crown. There were local gathering in the Cantons that made our hearts swell, as we saw and heard of how strong the bonds of friendship and family are amongst the populace. These and other happenings made for a great start to the year.

On the low side, we personally were not able to attend much of the happenings this month with her Excellency being indisposed for much of the month (now mostly mended). We were sad when it was announced that an event near and dear to us both was canceled, though we agree that it was for the best. We look forward to the event coming back even stronger next year.

The lowest moment of the month came when we lost one of our own, Lord Wolfgang. After many months of fighting valiantly while never losing his kind and gentle demeanor, the foe proved too strong. We are personally very saddened as we had both come to think of Wolfgang as a friend. As coronets, we are grieving the loss of a treasured member of our populace. Wolfgang was a constant reminder that we are all Chatelaines and that a day can be brightened by a sweet word or a kind gesture. He was a true and fine example of the kind of gentleperson that we all should strive to be. He will be missed, and his loss keenly felt by our Barony for a long time.

With these lows and highs, it is easy to get wrapped up in the feeling of the moment. We hope that in the coming days we can all look forward to the events and gatherings of the coming months. At the Baronial meeting this month a call was put out for bids for Sacred Stone Baronial Birthday, WoW XIII (2019), and Baronial Unevent. Many wonderful events are coming up in the next few months including Winter University, Ymir, KASF, and Gulf Wars. We will attend many of them and are excited to spend time with you all and to see how well you all represent Sacred Stone on the fields and ranges, and in the halls.

As always, we are proud to be from the greatest of Atlantia's baronies. Vivat Sacred Stone!

Baron Simone & Baroness Murienne

Oyez! Oyez! Oyez!

By decree of her Royal Highness, Una, a Grand Tournament to determine the next Youth Heavy Combat Champion will be held on April 7th, 2018. This tournament is intended to follow the Crown List format with Combatants announced by Heralds with their Consorts and procession. Barons and Baronesses send forth your champions so that they may represent your Barony! Knights, Squires and Parents, encourage your pages and aspiring youth fighters to participate in trial by arms, winner named Kingdom Champion! Additional prizes for most Chivalrous fighter and Best Heraldry Display will be awarded! Lets not forget the bragging rights for the Barony who sponsors the winner! **Participants must declare their participation in the tournament prior to the tournament. Declaration cutoff time is midnight March 24th. Email entries to; chbulla@gmail.com Time of Tournament – TBD

Canton of Middlegate Report

We are doing well.

New officers changed over in Dec and Jan. Lady Elena Colon de Seville is our Minister of A&S and Baroness Gwenlliam Gwillim is our new Exchequer.

I received notification from Lady Adair that Middlegate is past due on our Q3 and Q4 exchequer reports. For this I take full responsibility. I've spoke with Lady Adair, Baron Simone, and Baroness Gwenlliam. We will put together a catch-up plan and close the gaps with kingdom and corporate.

On other fronts, as the weather turns warmer, we will support regular armored practices and A&S meetings on a weekly basis. Updates will be sent to our facebook pages supporting these activities. Two weeks ago, Middlegate hosted the Cooks Guild for the first of at least two pasta days. Our hosts were two newcomers, James and Sarah. Friends of other members have attended over the past month or so. We are encouraging them to return in hopes that we may grow our numbers.

In Service,

Hælfðige Annora Hall, Seneschal

Sacred Stone Cooks Guild Report

Our January meeting was focused on Pasta (really any noodle) found in our medieval times. Although the bulk of our efforts were related to European sources we did have a wonderful variety of noodles represented including those from northern Europe (spätzel and spetzla) and southern Europe (ravioli's, durum flour noodles and wheat flour noodles). Mozzarella and ricotta were made to accompany our noodles. This was the first of at least two pasta classes. We are hoping to host a second class in late summer early spring. Our next gathering will be Feb. 17th in Asheboro. The theme will be soups and stews – the same theme as the “So You Think You Can Cook” event down in North Myrtle Beach. If you cannot attend the event – and we do encourage you to do so – we would love to see you hang out with us in Asheboro. More details and directions may be found on our facebook page early next week.

In Service,

Hælfðige Annora Hall, Seneschal

Return to Crecy Report

I am autocrating Return to Crecy; June 22-24, 2018 at VanHoy Farms Family Campground in Harmony, NC. We have twenty-five, 25, roles identified for staff – 6 roles are filled; 3 roles have folks interested; and many more calls to go. We are looking for a reservationist, gatekeeper, marshals, and coordinators for set-up, merchants, potluck, competitions, and tear-down. The theme of the event still focuses on attendees declaring English or French sides.

As head of the Cooks Guild and autocrat - I'm proposing a new competition this year: morning marshal activities will have the added task of “winning” ingredients for their cooking team. The cooking teams will have the afternoon to create an English or French dish for judging. Leftovers from the judging will go to the potluck on Saturday night.

More activities will be announced as additional staff and activity sponsors are identified. Updates to staffing and event activities will be made to the Return to Crecy facebook page and the website, www.returntocrecy.org – both currently under revision. If you would like to volunteer for staff or to sponsor an activity, please contact me privately – via email: annorahall@yahoo.com; FB messenger; or phone: 336-391-2669.

In Service,

Hælfðige Annora Hall, Seneschal

Sacred Stone Baronial Business Meeting Minutes

Date: 01/21/2018

Location: Personal residence of , High Point, NC

Meeting Called to Order: 12:33 pm

Meeting Adjourned: 2:15 pm

Count of Members: 16

Count of Non-Members: 0

Seneschal - Quarterly report is in on time. Stuff is happening. Setting up meetings for first part of the year, things are going well.

Chronicler - Ask Tim. Everyone sent in a report - job got easier. Cooks Guild - please submit recipes, etc. Need stuff for newsletter. William Blackfox passed away recently. Persona stories. Gise talked about a persona timeline. University handouts. Murienne will go through her boxes as well for things. Baron Jason comics?

Chatelaine - Received one other canton's report, nothing else. Crois Brigitte will forward theirs. Gone to several universities and touched base with student living offices and faculty; history/archaeology/theater/dance groups. Displays. Just starting with this. Has a write-up to hand out.

Exchequer - Made slightly over \$8000 from War of the Wings. Working on the budget. WoW is closed, Phoenix Eye (lost \$67) closed.

Herald - Not present. Chris Stocker is taking on more at work and will be stepping down. Deputies may step up. Ealasaid is interested.

Marshall - Not present. I filled the waiver report on the 1st, Sent in the waivers we had on the 4th. All well before the deadline. I've had several discipline marshal offer to assist as deputies in there areas. If any one would like to be a direct deputy I'd love to hear from them.

MoL - Here. This weekend Geoffrie needs help at NC's Baronial Birthday. MoL-Its can definitely help. Big, fun event - investiture, significant elevations. Sold out for overnight stays. At the girl scout camp. If interested, contact Niccolina about getting authorized. No deputies - Sarah Rose volunteered, as she is almost authorized. Annora asked about getting a class set up this week before the event.

[Several Sacred Stone folks have stepped up for positions at the event - yay us!]

MoAS - We had a small but dedicated turnout at In a Phoenix Eye. Those who did show up strutted their stuff. Many thanks to Lady Prudence and staff for putting the event together and persevering through the ice and snow. Unfortunately Of the Stone has been cancelled so the next event with which to show our A&S prowess is Ymir. There is a grand seige of Paris competition in which your entry must be inspired by either Vikings or the French. You will not go home with the item you made. Instead, entrants will get to enter raffles for other entries in the competition. There is also a big cheese competition, performing arts and dance, and a vinting/ Mead makers competition. Do us proud, Sacred Stone peeps!

Webminister - Website is updated. anyone who would like information on the website, events, practices, or other, can email the information to the Webminister. Webminister is requesting updated notables, officer and Champion info for the website. Submit information to Elizabeth for input onto the appropriate spreadsheet.

Youth - Not here. One big event – WoW; We had two classes on Thursday, four on Friday and three on Saturday. Thursday had the lightest attendance with 4 children total, Friday had 9, and Saturday we had 14. This isn't counting the adults who also attended. This is slightly lower than previous years. There were one or two communication lapses that influenced how everything

evolved. In the future, if doing children's activities for WoW I would recommend working directly with Youth Combat and the A&C class coordinator to maximize crossover potential and minimize conflict to make everyone's war richer. In addition early communication of needs is required for smooth and successful event.

Aire Faucon - Flight of the Falcon cancelled; no bids. Business meetings scheduled, exchequer authorized. Meeting attendance down, A&S scheduled through Feb. and continuing to March. Game nights!

Charlesbury - Charlesbury Crossing had their 12th Night celebration 1/20/2018 We are still meeting at Mugs every Monday night on Park Road for A&S. 3rd Monday of every month is a business meeting. Sunday at Freedom Park is fighter practice. It's been too cold the last month to practice but hoping to have more out this week.

Crois Brigitte - In the middle of a change. Robin/Aine are becoming seneschal instead of Gise. A&S is still meeting strongly on Wednesdays. Check the Facebook page because it moves. Lost Wolfgang this week. Checking with Rois about what his wishes on. Irish Wake this coming Sunday at Star of Bethlehem. There is a Facebook event for this, though the Google Doc is not working yet. Day of remembrance for his life as we remember him. Food, celebrations. Alcohol is allowed but will not be provided. Bards and music. Memorial area in a separate quiet place. Jdeke will bring soda bread.

Middlegate - New Officers. A&S, baroness, Gwenliam is new exchequer until after Domesday. Have cleared this with kingdom. Not permanent. Lady Adair is past due on Q3/Q4 reports. A week has been given to clear this up (today). Will make this happen. Continuing to support armoured practices as well. Updating the Facebook pages, not the official pages, for location and time - weather plays a factor. Hosted Cook's Guild two weeks ago for pasta days, new people are getting interested. Hoping to continue to grow. Need deputies for officers, making sure that there's no burnout happening.

Salisbury Glen - N/A. Still meeting on Mondays, one Monday a month there's music playing. Always welcoming. Knight moving up from Florida is taking over as Knight's Marshall, hoping to get fighter practices started. There's a grassy lot behind Mean Mugs to fight. See Tim's email for report.

Officerships will remain unchanged

- ✦ Sir Garen is coming on board as the new Deputy Knight's Marshall
- ✦ Writing campaign for awards for people in the group
- ✦ Tournament at Elchenberg attended by Salesberie Glen--small turnout due to weather but "such a neat event".
- ✦ Xavier represented in Archery
- ✦ Jaqueline represented in Equestrian
- ✦ Gawain is doing 100-day fitness challenge; contact him if you're interested
- ✦ Eliza (former deputy) has stepped up to the Baronial level and will no longer be able to serve at the canton level
- ✦ Azza has stepped up and offered to be the new deputy
- ✦ Ian and Drake's heraldry is moving forward
- ✦ A&S--weekly meetings continue with increasing activity
- ✦ Please notify Gabby/Ragnildr by Facebook if you find any errors on the website
- ✦ Not much traffic on the website--crash problems--working on it
- ✦ Old business—none
- ✦ New business—
- ✦ Colin's Birthday!

YAFA--think of ways we can be active and increase YAFA at regular meetings

We're integrating out of kingdom long time SCAdians and have been working with the owner of our meeting place to hold more

activities like the scribal workshop. It seems it was a hit with members AND observers of our meetings! We've been low key otherwise.

New Business

War of the Wings 2019 - See Fiona's report. June 1 is the bid date.

Baronial Birthday 2019 - Need a bid.

Unevent 2018. Not the date of ConCarolina or Crecy. Meeting rooms, gathering rooms, etc. Officer training classes. Somewhere to eat. Due Feb. 11th.

SSBB 2018. Due February 11th, votes in March.

WoW 2018 - Lady Elizabeth is contact with Iluned. Let her know to get it to Iluned. Getting it on the calendar, following up with kingdom to make sure everything is moving forward. In February meeting allocate funds. Inviting her to next meeting. Need monthly updates.

Twelfth Night 2019 - Aine brought her paperwork. Winston-Salem site. Masonic center. Out-of-the-box. Not European, but Arabian. 1001 Arabian Nights. Theory is that we'll do 1001 Atlantian Nights. Annora is head cook, showcasing cooks within barony that need recognition not ready for feast on their own. Murin Dunn as A&S. So many possibilities. \$500 for decorations - Kisaiya. Maybe a feast or maybe small servings throughout the day. The space looks great and they are willing to provide the linens, serving dishes, cooking utensils, etc as part of the site fee. Site fee is \$2,900. For one main room, a second large room/theater area, the kitchen. It has a tiered parking area and part of the bid is to rent two large pavilions to provide extra space. There is a covered drive-through as well, so we can expand if we need to. Still need to see if we can have a secondary site for a Friday night venue - maybe at a local hotel. Projected price is \$15 for pre-reg and \$18 at door. That keeps the price same as previous ones.

Tal first, Jdeke seconded - Barony unanimously voted to support the bid so she can turn it into the Kingdom.

Website updates: If you are an officer, champion, principal, etc. check site and see if there needs to be updates. Seneschals/Chatelains make sure your activities are listed on the baronial calendar. Additionally check that the info on Kingdom is up to date.

Golf cart update - need insurance for golf cars. If your event is going to use golf carts, you must contact your local seneschal or Baronial seneschal to get the additional rider. You must have an additional rider. (This is like the equestrian rider or the alcohol rider - \$50) There are new rules coming on who can drive the golf carts, keep an eye out for more info. We will most likely need to come up with a Baronial policy at unevent if we feel it is necessary. Jdeke asked if we want to require folks be members, as well as having a valid license and being a legal adult.

Profit sharing for WoW: At the last meeting we voted to share the profits but did not set an amount. The profit on the 2017 WoW was \$4,173.78. Gise suggested 50/50 split. The Kingdom always supports us with the event and we should support them as well. Neca seconded. (This is only for 2017.) Jdeke has a concern that we needed to make sure that this is a one time deal and that it is not a permanent split. Muirene said she would make it clear that this was not an ongoing deal. Tal said we should state that we made the extra money because we had a lot more people attended than the plan, therefore we have additional funds and wanted to give the Kingdom a present. Everyone felt that Tal's wording was acceptable. (Neca says the event report for WoW and Phoenix Eye will be published in the newsletter.) Brianna and Muirene set forth the vote for 50%. One no, two abstain, thirteen yes.

Coronet Report: His Excellency said that we should start recommending Spirit of the Phoenix awards for those folks helping at WoW every year. If you can think of those folks who have helped the event every year, please recommend them. Gise - suggested that we do something for Nottingham Coil as they always support the event and will work hard to help make the event successful. Fiona suggested that we do something for Jacob (lending library).

His Excellency says now that the holidays are done and things are calming down, they are going to start making more plans. They would like to do monthly google hang out/chit chat sessions. This is a way to make sure that they are interacting with folks regularly. So we need to investigate different online options for these. There are issues with skype, google, etc. So we need to look at differ-

ent options. There is also slack or twitch, or discord chats.

Their Excellencies will be at NCBB. There will be a tent and hospitality. Nuala will put out a call to find someone to handle hospitality. There is a budget for it, The pavilion is open to everyone. Annora requested that folks make sure their snacks are temperature appropriate.

Her Excellency is going to Gulf Wars. She will be at opening ceremonies and would like the Barony to have a decent showing there. She will be across the street from Atlantia in a RV. Brian is doing a food plan.

They reminded folks to please send in award recommendations! If you have any ideas, requests, pointers, tips, etc. please let them know.

Baronial Meeting Calendar for 2018:

Dates are set so people can make plans.

2/11/18 in AF. Site to be determined.

3/4/18 in CB at House of Cards in Winston Salem.

4/8/18 in CC. Need a site.

5/13/18 in SG. May change for Mothers Day. Woops.

June - rotation begins again.

July - Unevent

Gise suggested the distillery where she works as a option for a meeting space.

Fiona is done and asked for other business.

Annora - 2/17 Cooks guild will be meeting in Asheboro. Still looking for folks to host in the southern half of the Barony. So You Think You Can Cook is in Myrtle Beach that same weekend and please attend. Cooks guild meets monthly.

Return to Crecy - 6/22-6/24 at Van Hoy site. Need folks to help out with the event. Looking for reservation, gate, marshals, merchants, set up etc. Jdeke said she could do gate. Fiona said she would run the pot luck. Kisaiya said she would run the AnS competitions. Annora is sponsoring a competition where the morning marshal events where the cooking teams will win ingredients for their dishes later in the day. Any left over dishes will go for the pot luck.

Kisaiya - Kingdom Arts and Sciences is happening soon. Adrian and Annora are attending and will transport items too.

HISTORY OF THE LANDS OF SACRED STONE AND WINDMASTERS' HILL, PART 2: HOW THE KITTY GOT HER WINGS

Our excavators are unearthing the historical documents in as rapid a manner as possible concomitant with treating them with the reverence they deserve, but there has been significant damage to the repository in which they were stored. These documents have been carefully restored using only delicate applications of the finest disinfectants and revivificatives. *hic*

As always, any donations to our restorations efforts will be appreciated. Contact your local scribe for information. Small, non-sequential, unmarked bills only please.

With regards to this installment of our Mutual History, I have this to say: The records contained herein are a work of fiction with some few facts thrown in for verisimilitude. Any resemblance to actual events or people, is unintentional. Any resemblance to actual places, well, that's verisimilitude.

Jonathan Blackbow

The history of the War of the Wings is a violent one. Numerous sites around the world still bear the scars of this tremendous, never-ending struggle. Places where the Phoenix has triumphed over the Kittyhawk, and vice versa. Men still tell tales of the titanic conflicts that have taken place, and those warriors that survived those conflicts are revered beyond the ken of men. So gather round, if ye would hear of these wars.

Many eons ago the Phoenix had the power of flight which the Kitty lacked. As deities went, the Kitty was fair to look upon, but lacked that certain *je ne sais quoi* (1) without which no deity was complete. That certain aura which struck fear into her enemies, and awed her worshipers. The Kitty's white fur crackled with energy, which was impressive, but little else. Meanwhile, the Phoenix soared, just out of reach, and jeered and japed at the Kitty's inability to strike back while the Phoenix flew majestically overhead. This went on for some time while the Kitty cast about for a means to correct the situation.

Finally the day came when a small creature, blue in color with a white cap, crawled out of the woods and approached the Kitty. It sang a strange song and was joined by hundreds of its fellows. The Kitty disliked these strange blue creatures and ate them without a second thought. (2)

Some time later a small yet different creature, light blue in color, crawled out of the woodwork and approached the Kitty. It called itself a Tarhil and sang a different song but still a strange song, so the Kitty ate it and thought no more of the matter. (3) Time passed, as time does. Then one day a small Devil of a darker blue color crawled out of the woods and approached the Kitty. It uttered high-pitched cries of adoration to the Kitty, which was intriguing. The Kitty left the Devil alone since it was not quite the irritant that the first had been, nor was it the useless-seeming creature the second had been. (4) Time passed.

Then one day a veritable horde of the small darker blue Devils came from the woodwork and approached the Kitty. The Kitty had been unable to understand much of what the single blue Devil said, but the horde of blue Devils produced a sound that the Kitty could actually hear and interpret as language. They introduced themselves as being from a Clan Cameron. (5) The Kitty batted a few of them around but her heart wasn't in it. Then the Devils motioned to the woods, and an equally sized horde of the lighter blue Tarhils scampered out. This made no sense to the Kitty, since the Tarhils irritated her previously, and so she prepared to eat them. Suddenly the Tarhils began to mutter something that grabbed the Kitty's attention. In unison, they chanted...

"I believe I can Fly / I believe I can Touch the Sky / I dream about it every night and Day / Spread my Wings and Fly away / I believe I can Soar /" (6)

Then the blue Devils and the Tarhils did something astonishing – they flew away!

Finally something clicked in the Kitty's head – smoke erupted from her ears – and she followed the horde of flying blue Devils and Tarhils far, far to the east, for days (I-40 being a distant dream). Finally, they approached the ocean. The Kitty wasn't too wild about water, but she was so intrigued by the song she followed nonetheless. At the very shoreline, the creatures landed and faced the Kitty.

They began to chant in a voice she found soothing, and so she fell asleep on the grass.

When she awoke the creatures were all camped out around her asleep. As she staggered to her feet, the Devils and Tarhils woke up and apparently began arguing with each other over who was at the front of the (completely nonexistent and imaginary) line. (7) To avoid the squabbling the Kitty leapt to the top of the highest hill she could see and looked down on the riot. At the same time, there came a sound like thunder, and far to the West, the Phoenix heard the sound, and wondered.

Then the Kitty realized that that single leap was farther than she'd ever been able to leap before, and looked behind her and saw the most excellent wings ever attached to a Kitty that she'd ever seen. (Also the first, but who's counting?) Experimentally she opened her wings and flapped them, and the thunder grew louder. And the Kitty was mightily pleased.

Far to the West, the Phoenix heard the sound, and her heart grew cold with fear. She leapt into the air and streaked across the sky as fast as she could fly, hoping that her fears were groundless. (8)

The Kitty looked down at the rioting and roared "STOP THIS NONSENSE!!!"

As one, the hordes laid off their squabbling and gazed adoringly up at the Kitty. "WE LOVE YOU KITTY!" they squealed. "WE HAVE GIVEN YOU WINGS!!!"

"NO LONGER AM I TO BE KNOWN AS KITTY." She flapped her wings, and thundered. "I AM...[say it with me...]"

"THUNDERCAT! THUNDERCAT! THUNDERCAT! HO!!!!" (9)

And from somewhere far, far away, a jazzy little theme song began playing.

"WE DON'T LIKE THAT NAME!" The Devils and Tarhils chorused. And the jazzy little theme song was abruptly cut off.

"WHAT? WHY, ER...OH FINE. I AM...[say it with me...]"

KITTYHAWK!" And her wings opened and caught the air, and she powered her way into the skies for the first time.

Far, far to the west, the Phoenix heard the sound, and came streaking across the skies in anger and fear. As she arrived, the Kittyhawk roared at her in defiance. The hordes of Devils and Tarhils were scrambling to the top of the hill to get a better view of the imminent violence. This did not sit well with the Phoenix, who snarled "DIE!" and immolated the entire hill in one shocking explosion.

When the smoke cleared it was apparent that the entire hill along with the vast majority of the Devils and Tarhils had been annihilated. No longer was there any grass or growing thing to be found on it; it was merely a massive pile of sand. The few surviving Devils and Tarhils crept back into the woodwork to restore their respective races. But the damage was done; the land was destroyed, and the Kittyhawk had her wings. Men named the place where the battle had occurred, and they gave it the name Kill Devils Hill, in memory of the hordes of Devils and Tarhils that had died to give the Kittyhawk her wings. And the Kittyhawk landed and bathed herself in the blue blood of the Devils and Tarhils, that the world might ever remember their sacrifice. But only against a white background. On blue backgrounds she retained her original stunning white coat. (Magic, OK? Shut up and read.)

Many such places dot the landscape of the Known World, my eager listeners. Far to the North, in a place called Centralia, a battle of such magnitude took place between the Phoenix and the Kittyhawk that the land burns to this day, even into the earth itself. (10) To the West, in retribution for Kill Devils Hill, on the very hilltop where Phillipus originally communed with the Phoenix and the eternal fire was first lit, the Kittyhawk summoned the winds and blew out the supposedly-eternal fire in spite of all the Phoenix could do, and since the winds howl around the place to this day, men now call the place Blowing Rock.

Thus the Phoenix and the Kittyhawk agreed to confine their struggle to the fortified lands surrounding Elchenburg, lest the world be split asunder.

Far, far to the West, a tribe of people who had greatly benefited from both the tribes of the Phoenix and the Kittyhawk had raised themselves up, and in honor of both combatants they called themselves HawkWood; Hawk for obvious reasons, and Wood since it was the Phoenix' favorite fuel (next to pizza and beer). They were in torment at the approaching conflict since they praised both sides equally.

But that is another story.

NOTES

- ✦ je ne sais quois – French, “I don’t know what.”
- ✦ aka Smurfs.
- ✦ aka Tarheel (University of North Carolina-Chapel Hill)
- ✦ aka Blue Devil (Duke University). The author apparently is not a fan of UNC-CH.
- ✦ aka Cameron Indoor Stadium where Duke plays its home games.
- ✦ the song I Believe I Can Fly comes from the movie Space Jam which starred Michael Jordan, who attended UNC-CH.
- ✦ Duke fans (and Carolina fans, it must be admitted) frequently camp out in lines to purchase tickets for home games.
- ✦ “hoping that her fears were groundless” is a play on words related to the fact that the Kittyhawk now had wings and, therefore, was now “groundless”.
- ✦ "Thundercats" [TV-Series 1985-1987] [animated cartoon]

Centralia, PA: Coal mining town where an accidental fire has been burning underground in a coal mine since 1962.



Pietro de' Crescenzi, *Liber ruralium commodorum* (The Book of Rural Benefits), 1304-1309

The Medieval Almanac

Life on the Farm

By Meisterin Freiherrin Gisela vom Kreuzbach OP

Gisela.vomKreuzbach@gmail.com

Farming came to Europe approximately 11,000 years ago in two waves from the Middle East, one of the regions where it is believed the science of deliberate food production originated. It allowed the hunter-gatherer peoples who populated the vast European Continent to settle into permanent more-stable holdings, villages and, eventually, cities. In our period of study agriculture moved from being largely subsistence-based to being the primary economic engine and source of wealth for all of Europe. In the middle of his reign, Charlemagne wrote a series of 70 directives to the stewards of his royal estates called the *Capitulare de Villis* in which he details matters of justice, acceptable behavior, and military supply. More than half dealt with

land, animal, and crop management, including demands for reports on the abundance of acorns for the pigs. Everyone, from the meanest serf to the greatest emperor danced to the rhythm of the seasons and the resultant availability or scarcity of food.

Coaxing grain, fruit and vegetable from the thin layer of top soil in the Middle Ages and Renaissance was a highly labor-intensive prospect. Though the vast majority of this work fell to peasants, serfs, and lower-class freeholders, nearly everyone worked to ensure the best possible harvest at some point. Peasants and freeholders generally contracted with the local lord for protection and support and farmed land they might own outright or they owned the rights to in exchange for labor in the lord's fields and pastures. The land or the rights to work the land could not legally be taken from them without good reason based on criminal act or abandonment on the part of the farmer.

Serfs, on the other hand, were bound to the local noble by debt of owed labor, rent and levies. Debt that was, at times, deliberately structured to keep individuals and their families indentured. Land ownership might be hereditary but so was debt.

Through the early part of the Middle Ages in Europe, most land was assigned to manors of various sizes, generally about 600 acres according to several sources, which equates to the land a man could cover in a day. After the Norman Conquest there were more than 9,000 such manors in England. Nobles held at least one, often more, manors, given on the whim of royal favor.

The part of Europe that is now Austria, Switzerland, Germany, France and the Low Countries, had a population that fluctuated between 10 and 15 million from 1 CE to 600 CE. That more than doubled to 36 million by the 13th Century. Some researchers attribute the faster growth to the introduction of new, more effective plow designs that allowed more land to be brought to till. Just to give you an idea of how sparsely populated the area was at that time, the same area now supports 250 million.

Farm yield of the manors was vital to keep the staff and families of the castle, hall, and village fed. It also covered church tithes and army levies. Sale of surplus yield and finished goods became increasingly important as the economies grew. As weather improved, so did productivity. As the economy and trade strengthened and the population increased, so did the need for cleared arable land. More land and more productivity required more labor. Serfs who owed debt obligations were cheaper than hired workers or freeholders who sold their goods. It benefited the nobility to make it harder to remain a freeholder (a free land owner) and to drive more of the local population into servitude.



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“At the beginning of this period (900 -1200 CE) the main source of wealth was agriculture, and it remained so throughout. Lords had established their control over it in much the same way that they had established their rights over men, amalgamating rights, which had been theirs on their own estates with public rights and then extending them over as many people as possible within their lordships. The control of local justice and of obligations to forced labour, the offer of ‘protection’ and levying of taxation, were the essential means by which free peasants were reduced to servitude, hereditarily bound to their tenements and liable to arbitrary levies and labour services. Poor harvests and flight from marauders were both factors

which could lead a freeman to surrender his liberty, but it was likely that the pressure came from above and was not willingly conceded from below, because the most rapid subjection of the peasantry came not in the tenth century, at the time of greatest instability, but rather in the eleventh when harvests were improving and lords looking for the means to build in stone rather than wood.” (Holmes, 1988)

This author illustrates his point by noting that 80% of donations received by the Chartres cathedral between 940 and 980 were from peasant freeholders. That figure dropped steadily but slowing until the time of the Conquest when it held at less than half that figure (roughly 38%) for 30 years, then plummeted to 8% from 1090 and 1130.

The eleventh-century bishop of Laon called peasants the class that "owns nothing that it does not get by its own labor and provides the rest of the population with money, clothing, and food ... Not one free man could live without them" (Gies & Gies, 1978) So they worked. All of them. From toddling child to elderly grandmother, each worked at tasks suited to their strengths and limitations.

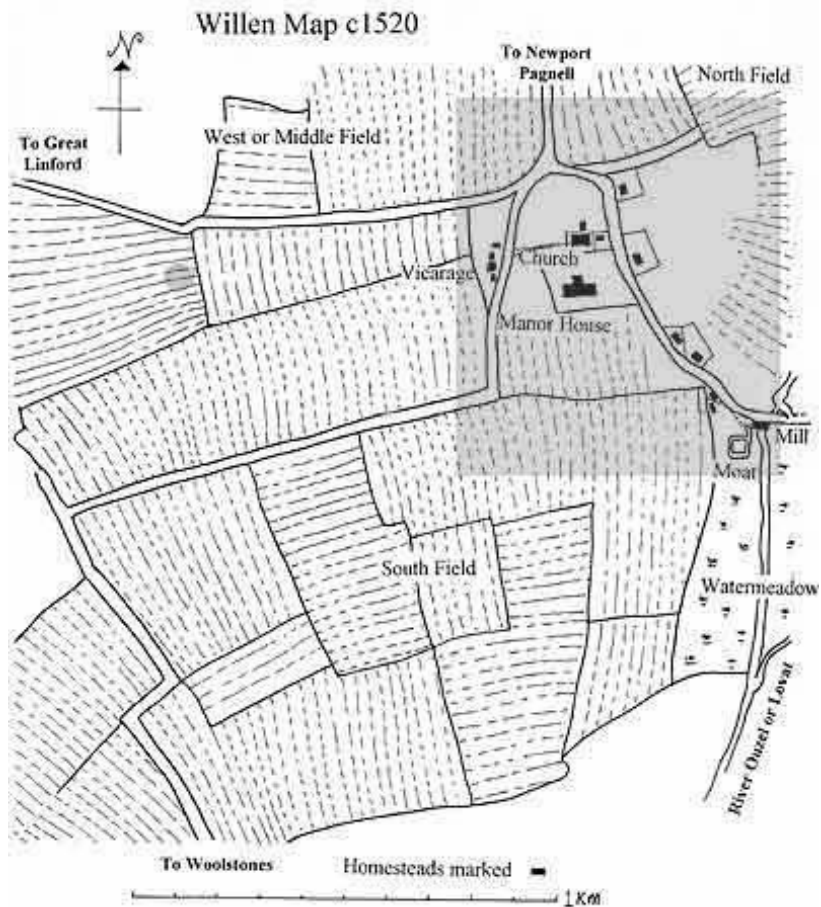


Men being, in general, physically stronger than women and unhampered by pregnancy and small-child care, worked in the fields and forests, clearing and plowing land, setting fences, building structures, bringing in harvests, shearing sheep and butchering livestock.

Women generally kept the home and village, tending livestock and gardens, carding, spinning and weaving wool and linen, making ale, cheese and butter. Women helped in the fields as well, sowing, helping with the harvest, scything, tying, and winnowing.

Children began to work nearly as soon as they could walk. Very young children would be stationed in gardens (tofts) and fields (crofts) after planting and sowing to scare birds away. As they aged, they'd be tasked with climbing to the top of trees to get the fruit adults could not reach, feeding livestock, tending herds at pasture, weeding fields and garden plots, gathering wood and helping with the harvests.

Even though land was usually allotted to individual families based on seniority, type and amount of work as well as need, fields were most often worked communally allowing for larger plots, usually ten times as long as they were wide which made tasks such as plowing, and turning a team of oxen, a much easier endeavor.



Oxen, some more specialized tools, and some larger

equipment were often owned by the entire village and sometimes were stored in the church.

Fields were laid out around the village in such a way to contain both good and poor soil in each. With crop rotation, this gave a greater chance of good harvests each year.

A three-field system of crop rotation was used during much of our period in which a plot was sown two years in a row and let fallow the third to allow the soil to recover. Crops were rotated as it was long-noticed that if wheat or rye (Wintercorn) followed peas, beans or oats (Springcorn) the yield was greater. They didn't understand the cause but today we know legumes are nitrogen-fixing crops and oats add important organic material that replenish the nutrients used by the wheat and rye. During the fallow year fields were fertilized with livestock dung and marl, a fine-grained soil with high calcium carbonate/lime content formed by the precipitation of calcite (shells and bones from aquatic creatures) that accumulated at the bottom of freshwater lakes, slow streams, and swamps. Marl has a high organic content as well and is often found under peat deposits. Using the map of Willen above to illustrate, this year the Middle Field might be sown with winter wheat, the South Field with oats and the North Field on the other side of the village left fallow. Next year the North Field would be sown with wheat, the Middle with Peas and the South left fallow.

What type of crops were planted or livestock kept and the timing of farm tasks varied from one region to another based on a wide variety of factors; local traditions and preferences, availability of certain plant and animal varieties, climate variances based on geographic location, elevation or latitude, or available manpower.

Wheat, rye, barley and oats were fairly ubiquitous as were peas, cabbage, beans and turnips. Eggplant came from Persia and is generally found only in the warmer climes. Pigs and cattle were widely raised for meat (though in significantly lower amounts per person than modern America) and, in Europe, for milk. Sheep were just as widely tended for wool and meat but in the Near and Middle East sheep and goat's milk was preferred. Europeans have the genetic ability to digest cow's milk into adulthood. Those of Middle Eastern decent tend to lack the ability and use the much more digestible fermented goats milk.

Grains, because of their versatility of use, were the most important staple across Europe in the early Middle Ages. Everyone ate bread, porridge, and dumplings and drank ales and meads but wheat was more expensive and so was found in greater quantity in wealthier households than barley, rye and oats. Barley was largely used for beer. Rye and wheat for flour and as a cash crop. Straw was needed for thatching, building, animal and human bedding. Hay and oats generally went for animal feed, though, of course,

not always and not everywhere. A quip from period says, "Oats, food for horses in England, but men in Scotland," to which the reply was, "Aye, and where do you find better horses or finer men?"

A minimum of 36 bushels of wheat (the yield of four acres on average) was required to support a family for the year. An acre produced 7-8.5bu. of grain per acre, only about double the 4bu per acre required to plant. By way of comparison, modern farming varieties and methods, on the same land, yield five times that at 42.5bu and require only 2bu if broadcast, 1bu if drilled in rows. Barley would bring about 20 bushels per acre, leaving about 15 after taxes and seed were pulled, from only 2bu of seed. Oates yielded a 3 to 4 time increase giving 10-11.5bu an acre from 3bu of seed. Peas, an important component in the medieval diet across Europe as a protein source, gave 8.5-10 bu per acre from 3bu of seed.

"Because of relatively small yields, medieval agriculture was highly sensitive to adverse weather conditions, both summer droughts, winter freezes, and periods of overabundance of rain. This meant that a certain level of crop variety was necessary as insurance against the possible destruction of an important staple." (Glick, Livesey and Wallis, 2005)

What did they grow?

"Sour and sweet cherries of all kinds, both cultivated and wild, grow in such great quantity that sometimes it happens that more than sixty carts of them are in one day brought through the gates of the city, and they are available for sale in the city at any hour from mid-May until almost mid-July. Plums, too, white, yellow, dark, damascene, likewise in almost infinite quantity, are distributed ripe from shortly before the Kalends of July until the month of October.

"At the same time plums begin to appear, pears, summer apples, blackberries and the figs named 'flowers' appear in abundance; then follow cultivated filberts; afterwards the cornel-berries, particularly appropriate for ladies; also jujubes and peaches amazingly abundant; likewise, figs and grapes of various kinds; also almonds, although few of them; wild filberts, nuts in unbelievable quantity, which all citizens who like them enjoy all the year round after all meals. Nuts can also be mixed, ground, with eggs and cheese and pepper to stuff meat in winter. Also an oil is obtained from them which is liberally consumed among us. Then again, winter pears and apples and crab apples grow, all of which abundantly supply our citizens through the winter and beyond. Also pomegranates appear, most useful to the sick. Grapes of many kinds are abundant, and they appear ripe about the middle of July and are available for sale until the Kalends of December or thereabouts." Bonvesin della Riva, *On the marvels of the City of Milan*. From the Latin. [1288] (Lopez & Raymond 1995)

His wonderfully descriptive Public Relations letter aside ... crops generally produced in most of Europe in our period were:

Peas, lentils, fava beans, cabbage, onions, shallots, leeks, garlic, herbs, carrots, beets, turnips, rutabagas, parsnips, greens, parsley, chickpeas, navy beans, wheat, rye, barley, oates, millet, flax, hemp (for ~fiber~), apples, pears, cherries (sweet and sour), olives, figs, quinces, mulberries, walnuts, chestnuts, (Warmer climes had almonds, peaches, plums and in Italy and Spain, citrus). Common livestock included sheep, cattle, goats, chickens, pigs, horses, and oxen.

The last of Charlemagne's 70 directives in the *Capitulare de Villis* is a list of items to be grown in the gardens of each estate. There seems to be no distinction between food, and medicinal varieties. He stresses the need for diversity for ripening times, use, and taste.

70. It is our wish that they shall have in their gardens all kinds of plants: lily, roses, fenugreek, costmary, sage, rue, southernwood, cucumbers, pumpkins, gourds, kidney-bean, cumin, rosemary, caraway, chick-pea, squill, gladiolus, tarragon, anise, colocynth, chicory, ammi, sesili, lettuces, spider's foot, rocket salad, garden cress, burdock, penny-royal, hemlock, parsley, celery, lovage, juniper, dill, sweet fennel, endive, dittany, white mustard, summer savory, water mint, garden mint, wild mint, tansy, catnip, centaury, garden poppy, beets, hazelwort, marshmallows, mallows, carrots, parsnip, orach, spinach, kohlrabi, cabbages, onions, chives, leeks, radishes, shallots, cibols, garlic, madder, teasles, broad beans, peas, coriander, chervil, capers, clary. And the gardener shall have house-leeks growing on his house. As for trees, it is our wish that they shall have various kinds of apple, pear, plum, sorb, medlar, chestnut and peach; quince, hazel, almond, mulberry, laurel, pine, fig, nut and cherry trees of various kinds. The names of apples are: gozmaringa, geroldinga, crevedella, spirauca; there are sweet ones, bitter ones, those that keep well, those that are to be eaten straightaway, and early ones. Of pears they are to have three or four kinds, those that keep well, sweet ones, cooking pears and the late-ripening ones.

After the Muslim conquests in the East during the 8th and 9th Centuries techniques and cultivars from the Subcontinent such as rice, sugar cane, citrus fruits and cotton were appropriated throughout the Islamic world. Crops cultivated in monsoon conditions, in Europe had to be irrigated, something the Arabs called "Indian Farming" (filaha hindiyya). As these techniques and crops spread

through Persia toward Europe, they picked up Persian cultivars ... eggplant and artichokes.

Illus. in: Opus ruralium commodorum Petri de Crescentijs. Strassburg (Argentine) : [Printer of the 1483 Jordanus de Quedlinburg], 9 Mar. (quinta feria ante festum S. Gregorii) 1486.



Abb. 139. Heilen einer Wunde.



Abb. 140. Kauf eines Schafes.



Abb. 141. Verschneiden des Kalbes.



Abb. 142. Verschneiden der Schafe.



Abb. 143. Pferd knecht beim Striegeln.



Abb. 144. Beschlagen eines Pferdes.



Abb. 145. Hirt auf dem Dudelsack blasend.



Abb. 146. Arbeiter und Aufseher.



Abb. 147. Gartenarbeit.

Holzschnitte aus: Crescentius, *Rug der Ding, die im Alter gebaut werden*. Speyer, Peter Dösch 1493. Bam 5824.
 Der Verfasser hatte das Buch zu Anfang des 14. Jahrhunderts teils nach eigenen Erfahrungen, zumeist aber nach alten Schriftstellern abgefaßt und es war handschriftlich viel verbreitet worden. Im Druck erschien es 1471 zum ersten Male, wurde aber bald ins Deutsche, Französische und Italienische übersetzt und erlebte während des 15. und 16. Jahrhunderts zahllose Auflagen.

Winter

JANUARY - Repairs to tools, buildings, fences, Some planting of early vegetables such as peas and onions depending on locale, Weaving, Crafting new tools, baskets, rope, nets, leather straps, Pruning Mature Trees, Clearing ditches, cutting wood, breeding sows, spreading fertilizer, early lambing

FEBRUARY - Plowing in Southern lands, Planting, Fertilizing and amending soil with chalk and lime, Repairs, Clearing new fields, Pruning fruit trees and staking vines, Lambing, Mending fences, Planting willows, Lambing, Calving



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Spring

MARCH - Spreading Manure, Plowing, Planting early vegetables depending on locale, also flax and hemp, Sowing (scattering seeds in large fields such as grains for fall harvest and hay), Harrowing, Calving, Pruning Vines, Lady Day, March 25 marked the unofficial beginning of the new year for many as this day was the mile marker for returning to the fields.

APRIL - Pruning Young Trees to encourage stronger more productive growth, Weeding, Scaring Birds, Planting pulses (peas and beans), cabbages, onions, carrots, parsnips, beets, leeks, turnips. Orchard Trees, Harrowing, Household gardens would have been planted in this time with sage, basil, thyme, rosemary, fennel, Parsely, dill, mint, chives, daisies, dandelion, wormwood, nettle, primrose, rocket, spinach, lettuce, cress, borage, rocket. Weaning calves, Dairy work comes into full swing, Farrowing piglets

MAY - Weeding, Scaring Birds, Planting New Trees, Gathering Early crops such as cherries, strawberries, Digging Drainage Ditches, First plowing of Fallow fields, Capturing new swarms of bees, Mark sheep, Plant garden vegetables and pulses in cooler climes, Roof thatch repair begins



Summer

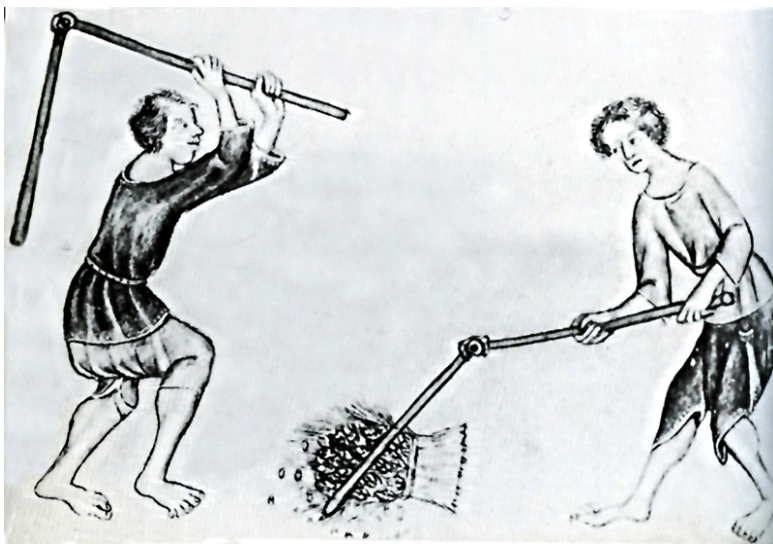
JUNE – Wash and Shear sheep, Harvesting (two main harvests, hay, barley, vetches, oats, peas, beans in late spring - early summer, wheat, rye and grapes late summer. If a spring grain crop was planted then another grain harvest in late fall), Weeding, Shearing Festival

JULY – Shearing continues, Hay Mowing continues, Harvest of winter crops continues, Plowing harvested fields and marled fallow fields under, Gathering berries, Weeding, Harvesting flax and hemp, Washing, Carding and Spinning the wool, Gathering Wood a nearly year-round task to ensure enough fuel for winter as well as resources to craft tools, fences and repair buildings

AUGUST – Harvesting Grain (winter crop in cooler climates) and hay, Tying sheaves and storing for threshing and winnowing later, Washing, Carding and Spinning the wool, Plant turnips



Autumn



SEPTEMBER – Harvesting grains (spring crop), Honey and wax, peas, apples, pears, blackberries and grapes, Breeding cattle, Tying, Threshing, Winnowing, Milling (The first record of a windmill in England was 1185 in Yorkshire. Shortly afterwards, Pope Celestine III declared the air used by windmills was owned by the church and so a tax must be paid to the church for their use.), Plow fields for winter grain planting, Sow winter grain, Washing, Carding and Spinning the wool, Pruning Fruit Trees, Harvest Festival, Sell excess livestock

OCTOBER – Last Plowing, Tilling, Harrowing, Sowing winter wheat, oats and barley, Milling, Weaving, Carding and Spinning the Wool, Brewing, Drive pigs to forage on Acorns and beechnuts, Harvesting Grapes and begin production of wine and verjuice, Breed sheep.

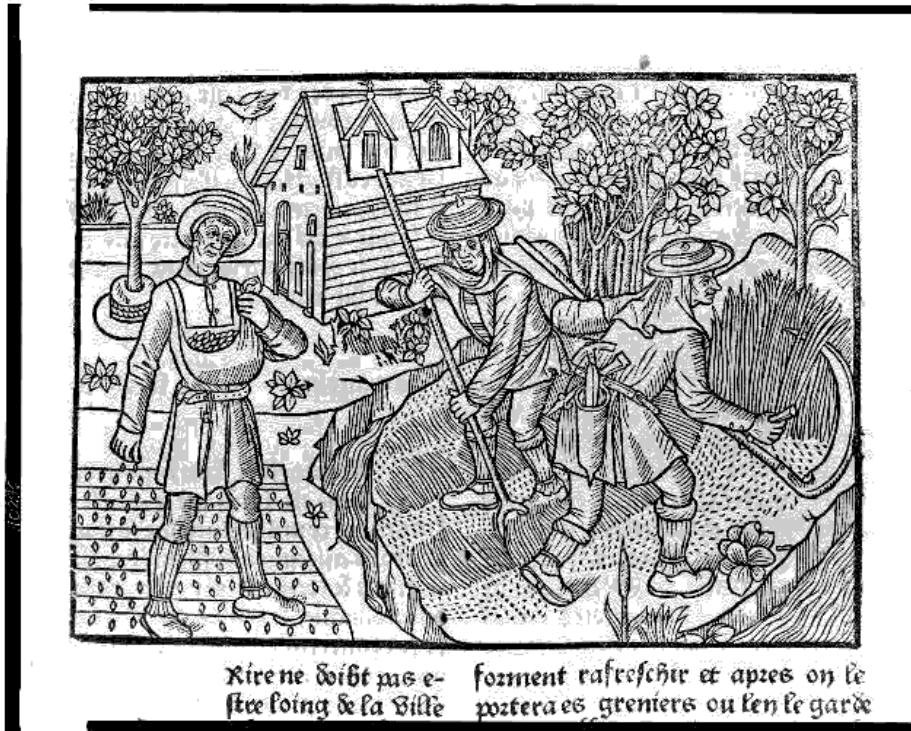
"About nones on 2 Oct., 1270, Amice daughter of Robert Belamy of Staploe and Sibyl Bonchevaler were carrying a tub full of grout between them in the brewhouse of Lady Juliana de Beauchamp ... intending to empty it in a boiling leaden vat, when Amice slipped and fell into the vat and the tub upon her ... the household came and found her scalded almost to death. A chaplain came and Amice had the rites of the church and died by misadventure about prime the next day" (Amt, 1993, p. 189).

NOVEMBER – Butchering begins (Nov. 11, St. Martins Day was widely considered the beginning of butchering across much of Europe), Salting/Smoking Preserving, Weaving, Gathering Willow and Reed for weaving baskets, Gathering Acorns for pigs feed, Gathering fuel wood for winter, Threshing and Winnowing, ideally suited to rainy and cold days, comes into full swing.

Winter

DECEMBER - Butchering, Salting/Smoking Preserving, Weaving, Gathering Willow and Reed for weaving baskets, Digging drainage ditches, Graves, Solstice and Christmas Celebrations

14th C English Poem



Januar: By thys fyre I warme my handys
Februar: And with my spade I delfe my landys
Marche: Here I sette my thyng to sprynge
Aprile: And here I here the fowlis synge
Maii: I am as lught as burdie in bowe
Junii: And I wede my corn well mow
Julii: With my sythe my mede I mowe
Auguste: And here I shere my corne full lowe
September: And with my flaylle I erne my brede
October: And here I sawe my whete so rede
November: At Martynesse I kille my syne
December: And at Chritemasse I drynke redde wyne

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Weekly Gatherings Around the Barony

AF: Aire Faucon; CB: Crois Brigitte; CC: Charlesbury Crossing; M: Middlegate; SG: Salesberie Glen

Week	Sunday	Monday	Tuesday	Wednesday	Thursday
1st	CC: Weekly Fighter Practice at Freedom Park in Charlotte from 11:00 – 2:00	SG: Mean Mug, A&S Newcomers 7:00 – 9:00 CC: Mugs, A&S 7:00 – 9:00		CB: Panera Bread A&S Newcomers 5:30 – 9:00	AF: A&S Newcomers 6:30 – 8:30 M: Geeksboro, A&S 6:00 – 9:00
2nd		SG: Mean Mug, A&S 7:00 – 9:00 CC: Mugs, Business Meeting, 7:00 – 9:00	AF: Business Meeting 7:30 - 8:45pm	CB: Locale changes, A&S Garb 5:30 – 9:00	AF: A&S Largess 6:30 – 8:30 M: Geeksboro, A&S 6:00 – 9:00
3rd		SG: Mean Mug Business Meeting 7:00 – 9:00 CC: Mugs, A&S, 7:00 – 9:00		CB: Locale changes, Business Meeting 6:30 – 9:00	AF: A&S General 6:30 – 8:30 M: Geeksboro, A&S 6:00 – 9:00
4th		SG: Mean Mug, A&S 7:00 – 9:00 CC: Mugs, A&S 7:00 – 9:00		CB: Panera Bread A&S Demo 5:30 – 9:00	AF: A&S Potluck & (odd months) Potluck & Bardic (even months) 6:30 – 8:30 M: Geeksboro, A&S 6:00 – 9:00
5th		SG: Mean Mug, A&S 7:00 – 9:00 CC: Mugs, A&S 7:00 – 9:00		CB: Locale changes A&S Scholar 5:30 – 9:00	AF: A&S General 6:30 – 8:30 M: Geeksboro, A&S 6:00 – 9:00

Canton Seneschals



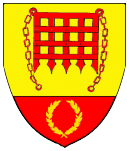
Aire Faucon: Isibel of Aire Faucon, seneschal AT airefaucon.atlantia.sca.org



Charlesbury Crossing: Lady Amira of Raven's Cove, Tammyr12871 AT yahoo.com



Crois Brigte: Meisterin Freiherrin Gisela vom Kreuzbach,
seneschal AT croisbrigte.atlantia.sca.org



Middlegate: Haelfdige Annora Hall, annorhall AT yahoo.com



Salesberie Glen: Lord Gawain de Barri, seneschal AT salesberieglen.atlantia.sca.org

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Lord Robert Shockley of Avonsford

(Adrian Alma)

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CHANCELLOR OF FAMILY AND YOUTH

PROGRAMS

(OPEN)

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(Jennifer Argent)



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Lady Gwenllian ferch Gwilim

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(Tim White)

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WEBMINISTER

Lord Ihone Munro

(Glenn Miller)

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Baronial Champions and Principals



Order of the Sacred Stone

Haelfdige Annora Hall



Order of the Phoenix Claw

Lord Vincenzo d'Estes



Order of the Phoenix Eye

Mistress Murienne L'aloiere

Phoenix Guard Captain	Jon Bart
Heavy	Cyriac Grymsdale
Rapier	Dyggvi Rolfsson
Archery	Robert Shockley of Avonsford
Thrown Weapons	Johannes of Middlegate
Cavalry	Jacqueline Grant
Youth Combat	Xavier Bulla
Youth Archery	Open
Youth Artisan	Open
Artisan	Haelfdige Annora Hall
Bard	Open
Beekeeper	Dorothea del Medieu
Brewer	Louis of Middlegate
Cook	Jenna Fairhaven
Poet	Akiyama Kazuhiko
Scribe	Open



**THE SOCIETY FOR CREATIVE ANACHRONISM, INC.
FINANCIAL REPORT**

Branch: Barony of the Sacred Stone **Period:** 1/01/2017 to 12/31/2017

DEDICATED FUND LIST

Use this form only if you manage multiple funds within your group's accounts. This is a list of all funds and their current balances as of the end date on this report. The total of all funds must equal the total ending cash from the Balance Sheet.

Total of lines I.a (End) and I.b (End) on the Comparative Balance Sheet - CASH:			32,046.86
	Name of Fund	Purpose of Fund	End-of-Period
1	General Fund	All Non-Dedicated Funds	29,689.22
2	Baronial Travel Fund	Travel expenses for Coronets	112.06
3	Baronial Cookware Fund	Baronial Cookware	195.00
4	Pennsic Fete Fund	Pennsic Children's Fete	117.28
5	Newcomer's Fund	Supplies, etc for Newcomers	333.30
6	seneschal		100.00
7	exchequer		100.00
8	Mol		50.00
9	marshal		50.00
10	chatelaine		50.00
11	chancellor of youth		50.00
12	herald		50.00
13	MoAS		50.00
14	Chronicler		50.00
15	webminister		50.00
16	Baronial hospitality		1,000.00
17			
18			
19			
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42			
TOTAL:			32,046.86

Use additional sheets if necessary